

*Long term Hormones for Prostate Cancer*

Date:.....

Dear Dr.

Re:

Your patient has been diagnosed with prostate cancer and has been offered treatment with hormones.

Your help in prescribing the hormones would be greatly appreciated. He will require a LHRH analogue, such as Zoladex<sup>®</sup> or Prostav<sup>®</sup> or Decapeptyl<sup>®</sup>. As there is a risk of “tumour flare” when starting on LHRH analogues, he should have approximately four weeks of an anti-androgen (such as bicalutamide or cyproterone acetate) to cover the first injection (two weeks before and two weeks after the first injection).

1. I have prescribed bicalutamide tablets (Casodex<sup>®</sup>) 50mg OD for 28 days.
2. I would be grateful if you could arrange for him to have the first LHRH analogue injection (such as ZOLADEX<sup>®</sup> 3.6mg OR PROSTAP<sup>®</sup>SR 3.75 mgs OR Decapeptyl<sup>®</sup> SR 3mg IM) in two weeks times -----.
3. The anti-androgen tablets (Casodex) should be stopped after 28 days.
4. If he tolerates this injection without any significant side effects, he may be changed over to a long acting preparation (such as ZOLADEX<sup>®</sup>LA – 10.8mg OR PROSTAP<sup>®</sup>3 – 11.25 mg OR Decapeptyl<sup>®</sup> SR 11.25mg) which is to be administered every 3 months until further notice. Alternatively Decapeptyl<sup>®</sup> SR 22.5 mg can be used every 6 months.

Thank you very much for your help.  
If you have any questions please contact me.

Yours sincerely