

Frenuloplasty

Covid 19 Version

CONSENT FORM for UROLOGICAL SURGERY

(Designed in compliance with  consent form 1)

PATIENT AGREEMENT TO INVESTIGATION OR TREATMENT

Patient Details or pre-printed label

Patient's NHS Number or Hospital number	
Patient's surname/family name	
Patient's first names	
Date of birth	
Sex	
Responsible health professional	MR. N LYNN
Job Title	
Special requirements <i>e.g. other language/other communication method</i>	

Patient identifier/label

Name of proposed procedure (Include brief explanation if medical term not clear)	ANAESTHETIC
FRENULOPLASTY THIS IS THE SURGICAL TREATMENT FOR A SHORT FRENULUM	- GENERAL/REGIONAL - LOCAL - SEDATION

Statement of health professional (To be filled in by health professional with appropriate knowledge of proposed procedure, as specified in consent policy) I have explained the procedure to the patient. In particular, I have explained:

The intended benefits

TO TREAT FRENULAR ABNORMALITY

Serious or frequently occurring risks including any extra procedures, which may become necessary during the procedure. I have also discussed what the procedure is likely to involve, the benefits and risks of any available alternative treatments (including no treatment) and any particular concerns of this patient. Please tick the box once explained to patient

OCCASIONAL

- INFECTION OF CUT REQUIRING FURTHER TREATMENT AND CASUALTY VISIT
- BLEEDING OF THE WOUND OCCASIONALLY NEEDING A FURTHER PROCEDURE AND CASUALTY VISIT
- FURTHER NEED FOR CIRCUMCISION IF FAILS TO IMPROVE SYMPTOMS.
- PERSISTENCE OF ABSORBABLE STITCHES AFTER 3 / 4 WEEKS REQUIRING REMOVAL AT GP

RARE

- ALTERED SENSATION OF PENIS
- SCAR TENDERNESS, RARELY CHRONIC
- YOU MAY NOT BE COMPLETELY COSMETICALLY SATISFIED
- FURTHER NEED FOR CIRCUMCISION IF FAILS TO IMPROVE SYMPTOMS
- RISK OF ANAESTHESIA

Covid 19

- it is not possible to give an accurate estimate of contracting Covid 19 while in hospital
- Elective patients who develop hospital-acquired Covid-19 have a postoperative 30 day mortality of 16.2%, with the two-thirds who experience pulmonary complications having a mortality rate of 23.8%

(Source - <https://www.rcseng.ac.uk/coronavirus/recovery-of-surgical-services/tool-5/#3>)

ALTERNATIVE THERAPY: CIRCUMCISION, OBSERVATION.

A blood transfusion may be necessary during procedure and patient agrees **YES or NO (Ring)**

Signature of Health Professional	Job Title
Printed Name	Date

The following leaflet/tape has been provided

BAUS INFORMATION LEAFLET (20/081)

Contact details (if patient wishes to discuss options later)

Statement of interpreter (where appropriate) I have interpreted the information above to the patient to the best of my ability and in a way in which I believe s/he can understand.

Signature of interpreter: **Print name:** **Date:**

Copy (i.e. page 3) accepted by patient: yes/no (please ring)

Patient identifier/label

Patient Copy

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Date:

Patient identifier/label

Statement of patient

Please read this form carefully. If your treatment has been planned in advance, you should already have your own copy of page 2, which describes the benefits and risks of the proposed treatment. If not, you will be offered a copy now. If you have any further questions, do ask - we are here to help you. You have the right to change your mind at any time, including after you have signed this form.

- I agree**
- to the procedure or course of treatment described on this form.
 - to a blood transfusion if necessary
 - that any tissue that is normally removed in this procedure could be stored and used for medical research (after the pathologist has examined it) rather than simply discarded. PLEASE TICK IF YOU AGREE
- I understand**
- that you cannot give me a guarantee that a particular person will perform the procedure. The person will, however, have appropriate experience.
 - that I will have the opportunity to discuss the details of anaesthesia with an anaesthetist before the procedure, unless the urgency of my situation prevents this. (This only applies to patients having general or regional anaesthesia.)
 - that any procedure in addition to those described on this form will only be carried out if it is necessary to save my life or to prevent serious harm to my health.
- I have been told**
- about additional procedures which may become necessary during my treatment. I have listed below any procedures which **I do not wish to be carried out** without further discussion.

Signature of Patient:		Print please:	Date:
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A witness should sign below if the patient is unable to sign but has indicated his or her consent. Young people/children may also like a parent to sign here. (See DOH guidelines).

Signed _____
 Date _____
 Name (PRINT) _____

Confirmation of consent (to be completed by a health professional when the patient is admitted for the procedure, if the patient has signed the form in advance). On behalf of the team treating the patient, I have confirmed with the patient that s/he has no further questions and wishes the procedure to go ahead.

Signature of Health Professional	Job Title
Printed Name	Date

- Important notes: (tick if applicable)**
- See also advance directive/living will (eg Jehovah's Witness form)
 - Patient has withdrawn consent (ask patient to sign/date here)



FRENULOPLASTY (LENGTHENING OF THE PENILE FRENULUM)

Information about your procedure from
The British Association of Urological Surgeons (BAUS)

This leaflet contains evidence-based information about your proposed urological procedure. We have consulted specialist surgeons during its preparation, so that it represents best practice in UK urology. You should use it in addition to any advice already given to you.

To view the online version of this leaflet, type the text below into your web browser:

http://www.baus.org.uk/_userfiles/pages/files/Patients/Leaflets/Frenuloplasty.pdf

Key Points

- The frenulum is the band of tissue on the underside of the head of your penis, from below the urethral meatus (opening) to the inside of the foreskin
- If it is tight, it can cause pain during erection or intercourse, and it may tear, causing bleeding and discomfort
- Simple division of the frenulum is done under local or general anaesthetic
- Reduced sensation on the glans (head of the penis) may occur after the procedure
- Circumcision may be needed if frenuloplasty does not solve your problems

What does this procedure involve?

Surgical treatment of a short penile frenulum by dividing the skin across and re-stitching it in a lengthwise fashion.

What are the alternatives?

- **Observation** – no specific treatment in mild cases
- **Circumcision** – instead of (or after) frenuloplasty if your symptoms do not improve

What happens on the day of the procedure?

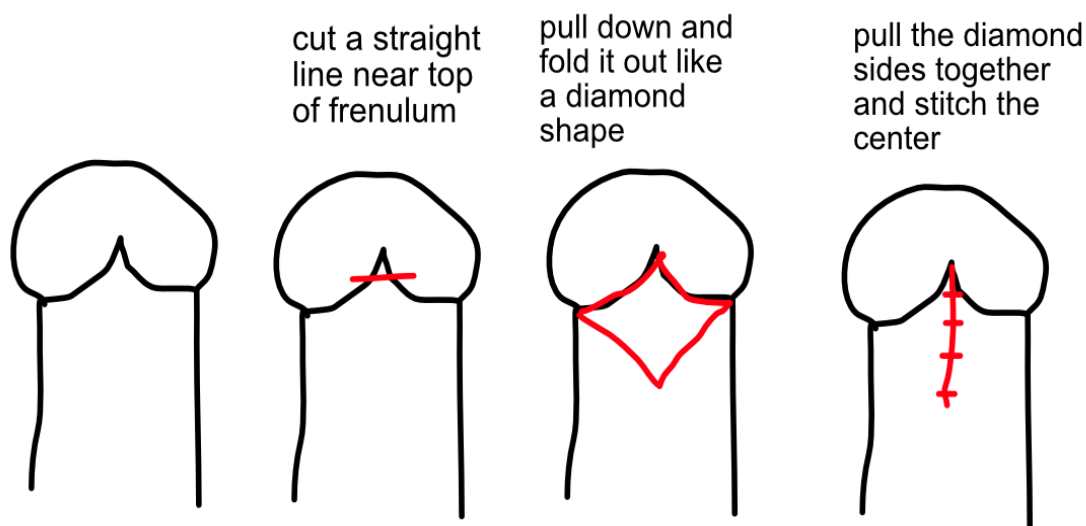
Your urologist (or a member of their team) will briefly review your history and medications, and will discuss the surgery again with you to confirm your consent.

An anaesthetist will see you to discuss the options of a general anaesthetic or spinal anaesthetic. The anaesthetist will also discuss pain relief after the procedure with you.

We usually provide you with a pair of TED stockings to wear, and give you a heparin injection to thin your blood. These help to prevent blood clots from developing and passing into your lungs. Your medical team will decide whether you need to continue these after you go home.

Details of the procedure









- we usually carry out the procedure under a local anaesthetic (where the area is numb but you are awake) or general anaesthetic
- we use local anaesthetic nerve blocks, regardless of the type of anaesthetic, to provide post-operative pain relief
- you may be given an injection of antibiotics before the procedure, after you have been checked for any allergies
- we divide the frenulum across and re-stitch it in lengthwise fashion, which results in lengthening the frenulum (pictured below)



- we use dissolvable stitches throughout which usually disappear within two to three weeks
- we normally wrap the penis in a loose bandage which usually falls off on its own within a few hours

Are there any after-effects?

The possible after-effects and your risk of getting them are shown below. Some are self-limiting or reversible, but others are not. We have not listed very rare after-effects (occurring in less than 1 in 250 patients) individually. The impact of these after-effects can vary a lot from patient to patient; you should ask your surgeon's advice about the risks and their impact on you as an individual:

After-effect	Risk
Swelling of the penis which may last a few days	 Between 1 in 2 & 1 in 10 patients
Reduced sensation in your glans penis (the head of your penis)	 Between 1 in 10 & 1 in 50 patients
Bleeding from the incision which may require a hospital visit and further treatment	 Between 1 in 10 & 1 in 50 patients
Failure to improve your symptoms which may result in the need for full circumcision	 Between 1 in 10 & 1 in 50 patients
Infection of the incision requiring antibiotics or further treatment	 Between 1 in 50 & 1 in 250 patients
Tenderness of the scar at the site of your frenulum	 Between 1 in 50 & 1 in 250 patients
Dissatisfaction with the cosmetic result	 Between 1 in 50 & 1 in 250 patients
Anaesthetic or cardiovascular problems possibly requiring intensive care (including chest infection, pulmonary embolus, stroke, deep vein thrombosis, heart attack and death)	 Less than 1 in 250 patients (your anaesthetist can estimate your individual risk)

What is my risk of a hospital-acquired infection?

Your risk of getting an infection in hospital is between 4 & 6%; this includes getting *MRSA* or a *Clostridium difficile* bowel infection. This figure is higher if you are in a “high-risk” group of patients such as patients who have had:

- long-term drainage tubes (e.g. catheters);
- bladder removal;
- long hospital stays; or
- multiple hospital admissions.

What can I expect when I get home?

- you will get some swelling and bruising of the penis which may last several days
- all your stitches will disappear, usually within two to three weeks but may sometimes take a little longer
- simple painkillers such as paracetamol are helpful if you have any discomfort
- any dressing should fall off within 24 hours; if it does not, or if it becomes soaked with urine, it should be removed
- keep the area dry for 24 to 48 hours; avoid soaking in a bath
- you should not swim for one or two weeks
- you should not have any pain passing urine
- try to keep your wound clean and dry after passing urine
- apply a little vaseline to the tip of your penis and around the stitch line to stop it sticking to your clothing
- wear loose-fitting clothing for two to three days
- you should retract your foreskin on a daily basis to maintain the benefits of the surgery
- you will be given a copy of your discharge summary and a copy will also be sent to your GP
- any antibiotics or other tablets you may need will be arranged & dispensed from the hospital pharmacy
- a follow-up appointment may be made for you
- you should refrain from sexual activity (intercourse and masturbation) for up to four weeks

General information about surgical procedures

Before your procedure

Please tell a member of the medical team if you have:

- an implanted foreign body (stent, joint replacement, pacemaker, heart valve, blood vessel graft);

- a regular prescription for a blood thinning agent (e.g. warfarin, aspirin, clopidogrel, rivaroxaban, dabigatran);
- a present or previous MRSA infection; or
- a high risk of variant-CJD (e.g. if you have had a corneal transplant, a neurosurgical dural transplant or human growth hormone treatment).

Questions you may wish to ask

If you wish to learn more about what will happen, you can find a list of suggested questions called "[Having An Operation](#)" on the website of the Royal College of Surgeons of England. You may also wish to ask your surgeon for his/her personal results and experience with this procedure.

Before you go home

We will tell you how the procedure went and you should:

- make sure you understand what has been done;
- ask the surgeon if everything went as planned;
- let the staff know if you have any discomfort;
- ask what you can (and cannot) do at home;
- make sure you know what happens next; and
- ask when you can return to normal activities.

We will give you advice about what to look out for when you get home. Your surgeon or nurse will also give you details of who to contact, and how to contact them, in the event of problems.

Smoking and surgery

Ideally, we would prefer you to stop smoking before any procedure. Smoking can worsen some urological conditions and makes complications more likely after surgery. For advice on stopping, you can:

- contact your GP;
- access your local [NHS Smoking Help Online](#); or
- ring the free NHS Smoking Helpline on **0300 123 1044**.

Driving after surgery

It is your responsibility to make sure you are fit to drive after any surgical procedure. You only need to [contact the DVLA](#) if your ability to drive is likely to be affected for more than three months. If it is, you should check with your insurance company before driving again.

What should I do with this information?

Thank you for taking the trouble to read this information. Please let your urologist (or specialist nurse) know if you would like to have a copy for your own records. If you wish, the medical or nursing staff can also arrange to file a copy in your hospital notes.

What sources have we used to prepare this leaflet?

This leaflet uses information from consensus panels and other evidence-based sources including:

- the [Department of Health \(England\)](#);
- the [Cochrane Collaboration](#); and
- the [National Institute for Health and Care Excellence \(NICE\)](#).

It also follows style guidelines from:

- the [Royal National Institute for Blind People \(RNIB\)](#);
- the [Patient Information Forum](#); and
- the [Plain English Campaign](#).

Disclaimer

We have made every effort to give accurate information but there may still be errors or omissions in this leaflet. BAUS cannot accept responsibility for any loss from action taken (or not taken) as a result of this information.

PLEASE NOTE

The staff at BAUS are not medically trained, and are unable to answer questions about the information provided in this leaflet. If you do have any questions, you should contact your urologist, specialist nurse or GP.